

**Eastern Group Psychotherapy Society**  
*An Affiliate of the American Group Psychotherapy Association*  
Information and Referral Service

## Are You Looking for a Group?

Our Referral Service is the largest in the tri-state area for  
**Group Therapy**

### Specialty Groups:

Addictive Disorders  
Anxiety  
Anger Management  
Bereavement  
Business Consulting  
Creative Arts Therapy  
Child and Adolescent  
Couples  
Depression  
Diversity  
Eating Disorder  
Gay/Lesbian/Bisexual  
Medical/Health  
Men's Groups  
Psychodynamic  
Relationships  
Seniors/Aging  
Sexual Abuse  
Young Adult  
Women's Issues

Group therapy is a *cost-effective* interpersonal therapy experience with a focus on enhancing awareness through working with others. This therapeutic experience satisfies our need to connect while working on the fulfillment of life's goals. Combined individual and group therapy has been proven to be a highly effective treatment approach in actualizing the most lasting changes. Moreover, specialty groups offer peer and professional support for focused issues or transitions.

EGPS Referral Service members are professionally licensed or certified, fully insured, and trained in the latest individual and group therapy techniques.

Your inquiry will be answered within forty eight hours by a senior group therapist that can assist you personally with your request for a group. Our clinical staff will work with you to achieve the most appropriate therapy match for your client within the tri-state area.

We work cooperatively with referring individual therapists. Many of our members participate in selected insurance plans or work with out of network benefits.

### Eastern Group Psychotherapy Society Information and Referral Service

For further information or for referrals please contact:

Referral Service Co-Chair  
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