

**The Art  
& Science  
of Leading Groups:**

**The Interplay  
of Theory  
& Practice**

**2011 Annual Conference  
of the  
Eastern Group  
Psychotherapy Society**

Friday, November 18, & Saturday, November 19

The Riverside Church  
91 Claremont Avenue, New York City  
(one block east of Riverside Drive @120th Street)

## GENERAL INFORMATION

The Eastern Group Psychotherapy Society (EGPS), a regional multi-disciplinary affiliate of the American Group Psychotherapy Association, was founded in 1955 to promote group approaches to the delivery of human services through teaching, training, research and collegial support. The Society welcomes members from diverse professional backgrounds including psychiatrists, psychologists, social workers, nurses, alcohol & substance abuse counselors, creative arts therapists, mental health and pastoral counselors. Among its activities, EGPS sponsors the Annual Conference, a Spring educational event, a Training Program and a Supervision Program, the quarterly journal *GROUP*, a newsletter, a Group Therapy Information and Referral Service, an On-line Membership Directory, a member-only listserv and social/networking events. Membership benefits include subscriptions to the Society's publications and reduced fees for all Society events.

**Contact EGPS at:**  
**Phone: 631 385-0763 • Fax 631 385-3123**  
**egps@optonline.net • www.egps.org**

**Conference Theme Overview:** We would all agree that there are many ways of leading groups. How do we select our theories, methods, models and techniques for doing this? Is the leadership role we adopt determined by our theories? If so, what are the roles of intuition, creativity, and ingenuity in our practice? What should be the role of scientific findings, the evidence base for our work? And what about the context of our practice (private, clinic, school, etc) as well as the type of client population (adolescents, adults, veterans, addicted clients, etc)? Finally, there is the impact of the therapist's personal characteristics on the work and on the selection and application of theory. This Conference will give us the opportunity to explore these questions in depth and in community.

### 2011 CONFERENCE COMMITTEE

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Claudia Arlo, LCSW, CGP, CASAC  
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#### Scholarship/Ambassador Program

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Jonah Schwartz, LCSW

#### First-Time Attendee Coordinator

Mary Sussillo, LCSW, BCD, CGP

**EGPS Conference Scholarship Fund:** EGPS is making available a number of partial scholarships to individuals who demonstrate financial need, coupled with a sincere desire to advance their knowledge of group psychotherapy. The EGPS Conference Scholarship Fund is completely funded by member donations. Please see the registration form for your opportunity to participate or contact the EGPS office at [egps@optonline.net](mailto:egps@optonline.net) or 631 385-0763. Your donations are greatly appreciated.

### EGPS BOARD OF DIRECTORS

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**Continuing Education Credits:**  
All sessions are pending approval for NYS CASAC credits under NYS OASAS Provider Number 0288; and NASW-New York State Chapter under Provider Number A-998.



## PROGRAM OVERVIEW

### FRIDAY, NOVEMBER 18TH

- 8:00 – 8:45 AM  **Registration and Coffee,** [Cloister Lobby](#)
- 8:45 AM **Welcome** [Tower Room 9T](#)  
Edward Elder, LMHC, MDiv, Conference Committee Co-Chair  
Neal Spivack, PhD, CGP, EGPS President
- 9:00 – 11:30 AM **Plenary Session** [Tower Room 9T](#)  
**Groups of the Body, Groups of the Mind:  
Neuroscience and Attachment Theory Come to Life**  
Demonstration Group Leaders: Suzanne L. Cohen, EdD, CGP, FAGPA  
Steven Krugman, PhD, CGP  
Discussion Facilitator: Barbara R. Cohn, PhD, ABPP, L FAGPA  
Plenary Co-Chairs: Sherry Breslau, PhD, CGP  
Peter J. Taylor, PhD, SEP, CGP, FAGPA
- 11:45 AM – 1:00 PM **Large Group Experience** [Tower Room 10T](#)  
Phyllis Cohen, PhD, PsyD, CGP, FAGPA  
John Schlapobersky, BA, MSc
- 1:00 – 2:00 PM **Lunch** (on your own)
- 2:00 – 4:30 PM **"A" Sessions**
- 4:30 – 5:00 PM  **Coffee Break**
- 5:00 – 7:30 PM **"B" Sessions**

### SATURDAY, NOVEMBER 19TH

- 8:00 – 8:45 AM  **Registration and Coffee,** [Cloister Lobby](#)
- 9:00 – 11:30 AM **"C" Sessions**
- 11:45 AM – 1:00 PM **Large Group Experience** [Tower Room 10T](#)  
Phyllis Cohen, PhD, PsyD, CGP, FAGPA  
John Schlapobersky, BA, MSc
- 1:00 – 2:30 PM **Lunch** (on your own)
- 2:30 – 5:00 PM **"D" Sessions**
- 5:15 – 7:30 PM **Closing Reception** [Tower Room 9T](#)  
All Conference attendees and faculty are invited to attend.  
**Conference Remarks:** Claudia Arlo, LCSW, CGP, CASAC



FRIDAY NOVEMBER 18  
PLENARY PRESENTATION  
9:00 – 11:30 AM

### Groups of the Body, Groups of the Mind: Neuroscience and Attachment Theory Come to Life

Group psychotherapy continues to evolve and group leaders continue to develop. Their interventions are guided by professional training, the latest research in neuroscience and attachment theory, and their own lived experiences. This plenary will explore how each of us develops a way of working that is both personally comfortable and clinically effective, and how we keep learning even after we have found the theory and practice that is the best fit for us.

Two expert clinicians will demonstrate their answers to these questions, each taking a demonstration group from the same moment of crisis, offering a snapshot of the same moment developing in different ways. Their approaches—Mentalization-Based Treatment (grounded in the work of Peter Fonagy and Anthony Bateman) and Somatic Psychology as applied to group psychotherapy—are psychodynamic approaches that focus attention in ways that may be quite new for many of us. Quite different from one another, each approach offers clinical understandings and interventions that are accessible and readily incorporated into our ongoing clinical work.

The leaders, the group members, and the audience will have the opportunity to notice the similarities and differences in the two experiences. The group leaders will share with us how the development of their treatment approaches evolved from the matrix of theory, education, life experience, creativity, mentorship, practice setting, personal treatment, and perhaps even pure serendipity.

**Demonstration Group Leaders:** **Suzanne L. Cohen**, EdD, CGP, FAGPA, Private Practice, Wellesley, MA, and **Steven Krugman**, PhD, CGP, Private Practice, Boston and Newton, MA

**Discussion Facilitator:** **Barbara R. Cohn**, PhD, ABPP, LFAGPA, Associate Professor of Medical Psychology, Columbia University, College of Physicians and Surgeons

**Plenary Co-Chairs:** **Sherry Breslau**, PhD, CGP, Private Practice, and **Peter J. Taylor**, PhD, SEP, CGP, FAGPA, Past-President, EGPS

FRIDAY NOVEMBER 18  
LARGE GROUP EXPERIENCE  
11:45 AM – 1:00 PM

The Large Group explores the interface between psychotherapy and sociotherapy. Membership in a Large Group is akin to citizenship. It enables conscious and unconscious processes within community to surface, including anxieties, competitions, and defenses. It provides a forum for understanding social processes, interrelationships between social subgroups and one's social role.

**Consultants:** **Phyllis Cohen**, PhD, PsyD, CGP, FAGPA, Private Practice; **John Schlapobersky**, BA, MSc; Training Analyst, Institute of Group Analysis, London, UK

FRIDAY NOVEMBER 18  
"A" SESSIONS  
2:00 – 4:30 PM

A1/B12

Institute

### Introduction to the Basics of Group Psychotherapy

This two part Institute will provide an introduction to the essential components of beginning a group in agencies, hospitals, and private practice, including patient selection and preparation, the therapist's role in early sessions, transference/counter-transference issues, therapist's interventions and planned/unplanned termination. *Didactic – Sharing of Experience – Experiential / Open to registrants with less than 3 years' experience / Participants must register for both sessions of this Institute.*

**Jim Ellis**, PhD, CGP, Co-Director, EGPS Training Program; **Marie Rothschild**, LCSW, BCD, CGP, Co-Director, EGPS Training Program; **Ellen Rubin**, PsyD, Co-Dean of Admissions, EGPS Training Program; **Alan Shanel**, LCSW, BCD, CGP, Dean of Faculty, EGPS Training Program; **Phyllis Wright**, LCSW, BCD, CGP, Dean of Curriculum, EGPS Training Program

A2/B13

Institute

### Coming Alive in Grief Group: Newer Understandings and Techniques

The loss of a significant attachment figure can unleash a range of primitive affects, shifts in self-identity, feelings of estrangement, and may circumvent joyful experience for some time. The group therapist actively facilitates this process, connecting mourners to each other, which creates a safe space for new desire and vitality in the group and its members. *Experiential – Sharing of Experience – Didactic / Participants must register for both sessions of this Institute.*

**Mary Sussillo**, LCSW, BCD, CGP, Private Practice



### **Mirror. Mirror in the Group**

Group members are hard-wired to imitate each other. This workshop will explore how this imitative capacity facilitates links within group, promoting resonance, cohesiveness, and problem solving. Imitative functioning also makes members susceptible to emotional contagion, cognitive distortion, and groupthink. We will examine implications of imitative processes on conducting groups. *Didactic – Experiential – Sharing of Experience*

**Neal Spivack**, PhD, CGP, Department of Veterans Affairs, New York Harbor Healthcare System, New York Campus

A3

### **The Secure Base: Attachment Theory and Group Psychotherapy**

According to attachment theory the wish for interpersonal connection is a primary drive, yet many group members present difficulty in making healthy mutual relationships. This workshop will explore attachment theory as it applies to group therapy: the group as a “secure base,” members’ relational models as shown in group, the importance of leader attunement, the inevitable injuries and repairs that occur in authentic relationships, and the ways that the experiential learning offered in group therapy can address the early implicit learning about attachments.

*Didactic – Experiential – Sharing of Experience*

**Eleanor Counselman**, EdD, CGP, FAGPA, Assistant Clinical Professor of Psychiatry, Harvard Medical School, Boston, MA

A4

### **The Healing Power of Kvetching: Commiserating and Managing Anxiety**

As a native New Yorker and “born kvetcher,” I am interested in dispelling the stigma against this necessary and productive form of complaining. If done constructively, we can bridge feelings of isolation, manage anxiety, unburden and rethink problems in the process.

*Experiential – Sharing of Experience – Didactic*

**Judith Schaer**, LCSW, CGP, FAGPA, Co-Director, Long Island Center for Group Training

A5

### **The Development of the Interpersonal Ego in Group Treatment**

We will focus on the development of the emotional skills that are needed to form and maintain relationships. Learning to live in the moment with knowledge of the feelings you are experiencing about yourself and others is crucial to interpersonal functioning. We will explore the development of the interpersonal ego in the leader and members of the group. *Didactic – Experiential*

**Elliot Zeisel**, PhD, LCSW, CGP, FAGPA, Chairman, Group Department, Center for Modern Psychoanalytic Studies

A6

### **Art Making and Movement in Group Process**

This workshop will focus on the nonverbal mediums of art and movement as means of expression in group therapy, as participants are asked to put their thoughts and feelings into words, art, and movement. The presenters will demonstrate the relationship between traditional group theory and the use of art and movement as the primary means of expression in groups. *Experiential*

**Jean Davis**, MPS, ATR-BC, LCAT, Chairperson, Graduate Creative Arts Therapy Department, Pratt Institute; **Joan Wittig**, MS, BC-DMT, LCAT, Director, Graduate Dance/Movement Therapy Program, Pratt Institute

A7

### **Mentalization and the Social Brain: How We Know Others and Ourselves**

Mentalization is an integrative cognitive process that supports all social interaction and self-reflection. In turn, it depends upon an underlying neurobiology. Main, Fonagy, Bateman, and Siegel offer clinically powerful diagnostic and treatment models for understanding and enhancing these functions. The workshop will explicate these ideas, and explore their use in clinical practice. *Didactic – Experiential – Sharing of Experience*

**Steven Krugman**, PhD, CGP, Private Practice, Boston and Newton, MA

A8

### **Breaking Some Rules: Resistance and Play in Beginning Groups**

The intent of this workshop is to share with others the challenges and the experience of working with resistance in beginning groups. How do we use our theoretical knowledge, intuition and creativity to work with resistance and meet the needs of all the group members? *Sharing of Experience – Didactic – Experiential / Open to participants with less than 5 years’ experience*

**Yoon Im Kane**, LCSW, Private Practice; **Jani Klebanow**, PhD, Private Practice

A9

### **Couple Therapy: The “Frankel” Method**

Most group therapists have added couple treatment as a modality, due to the many instances of couple conflict as a presenting problem. The “Frankel” Method has integrated the known methodologies of assessment and treatment of couples, into a model that features the Growth/Regression Continuum. Highest priority is given to the balance of positive and negative interactions. *Experiential – Didactic – Sharing of Experience / Participants should have some experience with couples*

**Bernard Frankel**, PhD, ABPP, BCD, LCSW, L FAGPA, Clinical Professor, Postgraduate Training Programs in Psychoanalysis, Couple Therapy and Group Therapy, Adelphi University, Derner Institute

A10



A11

### **Bonds. Bonding, Bondage and Boundaries in Groups**

We will examine the innate need individuals have to bond with others and how the bonding process allows for one to discover, explore and rework intimate relationships. We will address dependence, interdependence and independence in the group experience.

*Experiential – Didactic – Sharing of Experience*

Leah Slivko, LICSW, PsychA, Private Practice, Worcester, MA

FRIDAY NOVEMBER 18  
"B" SESSIONS  
5:00 – 7:30 PM

A1/B12

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#### **Introduction to the Basics of Group Psychotherapy**

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A2/B13

### **Institute**

#### **Coming Alive in Grief Group: Newer Understandings and Techniques**

The loss of a significant attachment figure can unleash a range of primitive affects, shifts in self-identity, feelings of estrangement, and may circumvent joyful experience for some time. The group therapist actively facilitates this process, connecting mourners to each other, which creates a safe space for new desire and vitality in the group and its members. *Experiential – Sharing of Experience – Didactic / Participants must register for both sessions of this Institute.*

Mary Sussillo, LCSW, BCD, CGP, Private Practice.

B14

#### **Applications of Interpersonal Neurobiology and Attachment Theory to Group and Couple Treatment**

This workshop utilizes discussion and demonstrations to highlight concepts in a number of modalities, including interpersonal neurobiology and attachment theory that create the innovative treatment paradigm of Relationship-Focused Group Therapy. *Experiential – Didactic – Sharing of Experience / Open to registrants with more than 5 years' experience*

Darryl Feldman, PhD, ABPP, CGP, Private Practice; Gloria Batkin Kahn, EdD, ABPP, CGP, FAGPA, Private Practice

B15

#### **Facebook and Group: Clashing Cultures in the Modern Age?**

Many group clinicians are now challenged with the ubiquitous presence of the internet which group members may use for extra-group communication. This workshop will discuss a theoretical and technical model in dealing with resistance, sub-grouping and other dilemmas that may arise from our changing culture. *Didactic – Sharing of Experience – Experiential*

Andrew Eig, PhD, ABPP, Derner Institute for Advanced Psychology

B16

#### **Did I Just Say That? A Closer Look at Leader Interventions**

The request for proposals asks: "What do we do and why do we do it?" An audio-taped process group will allow replay/scrutiny of leader interventions – their artistry, science (rationale based on group principles) and botches. There will be ample time to review interventions in terms of the group's progress. *Experiential – Sharing of Experience – Didactic*

Chera Finnis, PsyD, CGP, FAGPA, Private Practice; Robin Good, PhD, CGP, FAGPA, Private Practice

B17

#### **Applying Psychodramatic Techniques to Group Work**

Utilizing a method, "work in action," the workshop leader will teach sociometry and demonstrate techniques aimed at deepening emotional expression, insight and behavioral change. Participants will learn interactive skills in group development and creative application of these techniques in their own work. *Experiential – Didactic – Sharing of Experience*

Jacob Gershoni, LCSW, CGP, TEP, Co-Director, Psychodrama Training Institute of New York



### **Social Interaction Groups for Children, Preadolescents and Adolescents – What's Sex Got to Do With It?**

This workshop will provide an overview of how sexual issues play a role in social interaction groups for children, preadolescents and adolescents. Facilitation, goals and potential problems will be discussed along with issues of client selection and group size. An experiential component will include role play. *Didactic – Sharing of Experience – Experiential*  
**Andrea Grunblatt**, PhD, CGP, Private Practice

**B18**

### **The Art of Group Therapist Self-Disclosure: Potentials and Pitfalls**

What are the parameters for self-disclosure? Participants, along with leaders, will discuss these issues by sharing case material and exploring our own self-disclosure dilemmas. A few guidelines will be offered, but we will focus on responses that are case-specific to you and your group.

*Sharing of Experience – Didactic – Experiential*

**Richard Beck**, LCSW, BCD, CGP, FAGPA, Adjunct Professor, Fordham University; **Herbert Rabin**, PhD, CGP, LFAGPA, Private Practice

**B19**

### **Group and Creativity**

To support members' creative projects, the group leader moves beyond a pathology model, while still attending to group dynamics. This applies to all media, but writing will be our example. Group focus on the *work* rather than the *patient* supports the struggle to create and is ultimately therapeutic. *Experiential – Didactic – Sharing of Experience*

**Dominick Grundy**, PhD, CGP, Private Practice

**B20**

### **Entering the Sandbox: Attachment Styles of the New Patient in Group**

Attunement to the experience of new members entering existing groups is essential to maintaining healthy groups. Suggestive technique will be used, focusing on attachment styles, to increase awareness and sensitivity to the process of being a new group member.

*Experiential – Didactic – Sharing of Experience*

**Dan Raviv**, PhD, CGP, FAGPA, Private Practice

**B21**

### **Using Your Group Skills to Find a Way into the Business World**

Where else do group leaders need to think on their feet than when working in a business setting, where the emotions, performance and accountability of members meet – and potentially clash? Equipped with certain techniques, group leaders can be an essential asset to management towards the business' employee retention and profitability. *Didactic – Sharing of Experience – Experiential*  
**Mary Merlini**, MS, Private Practice

**B22**

**SATURDAY NOVEMBER 19**  
**"C" SESSIONS**  
9:00 – 11:30 AM

### **The Therapist's Effective Use of Uncomfortable Feelings**

This Institute will utilize the group to explore multiple ways of understanding the leader's and group member's emotional communications and relational experiences. Through a didactic and experiential process, we will analyze and form interventions to help therapists become more comfortable and effective with a fuller range of emotions. *Experiential – Didactic – Sharing of Experience* / *Participants must register for both sessions of this Institute.*

**Ronnie Levine**, PhD, CGP, FAGPA, Faculty, Center for Group Studies

**C23/D35**

**Institute**

### **Process Group: Two-Year Continuous Section held in conjunction with the American Group Psychotherapy Association's (AGPA) Annual Meetings (2011 & 2012)**

This Institute began at the 2011 AGPA Annual Meeting, will continue at the EGPS Annual Conference (November, 2011) and then again at the AGPA 2012 Annual Meeting. (Participants from the first meeting at AGPA will be given priority registration to attend this section at EGPS. Then it will be opened to those who want to join us at EGPS but have not attended the first session at AGPA.) *Experiential – Didactic* / *Participants must register for both sessions of this Institute.*  
**Mary Dluhy**, MSW, CGP, FAGPA, Private Practice, Washington, DC

**C24/D36**

**Institute**

### **Group Therapy for Women Molested in Childhood: Theory and Technique**

Women sexually abused in childhood are affected intrapsychically and interpersonally, manifesting long-term after-effects. This workshop addresses the benefits and challenges of group therapy with this population, utilizing a number of theories including attachment theory and interpersonal neurobiology for understanding and treating these women.

*Experiential – Didactic – Sharing of Experience*

**Shoshana Ben-Noam**, PsyD, CGP, FAGPA, Private Practice

**C25**



C26

**The Influence of Fathers On Sons**

This workshop will focus on the conscious and unconscious influences of the father on the son's development, specifically identity and work. Personal disclosure and shared experiences are welcome. *Sharing of Experience / This workshop is open to men only*  
**Joseph Lynch**, PhD, Director, Group Training Program, Postgraduate Center for Mental Health

C27

**Imago™, Focusing™, and Mindfulness: Practicing Dual Attention**

So much is happening at once in a therapy session that for the therapist to stay grounded and centered, dual attention is essential. Imago Relationship Therapy™ and Focusing™ are combined to experience the profound deepening therapeutic process and the result that comes with mindful presence. *Experiential – Sharing of Experience – Didactic*  
**Margo Steinfeld**, LCSW, MA, CGP, Private Practice

C28

**The Development of a Working Group**

This process group will provide the participants with the opportunity to observe and experience the interplay of theory and practice. They will observe the setting and the use of the contract, the management of resistances, transference-countertransference, and Bion's concepts that collectively contribute to the development of a working group. *Experiential – Didactic*  
**Lena Furgeri**, LCSW, EdD, CGP, FAGPA, Private Practice

C29

**Duo Therapy: "Doing Group" with Two People**

In duo therapy, a therapist works with two people dealing with similar issues. This innovative technique utilizes the group therapy model to effectuate gains in self-awareness. Duo therapy provides an opportunity to observe one's issue in another person and to experience those issues in an interpersonal context. *Experiential – Sharing of Experience – Didactic*  
**Steven Wruble**, MD, Private Practice

C30

**Art? Science? An Exploration of What it Means to Be a Senior Therapist**

How have our cumulative experiences along with biological changes to our brains affected our developmental journeys? Does a basic view of neuroscience help us better understand our art form? Using visualization and simple expressive materials, we will describe our hard-won senior skills. How might a more complete picture of our senior selves inform/assist us for the challenges ahead?  
*Sharing of Experience – Experiential / Open to participants with more than 10 years' experience*  
**Barbara Cohn**, PhD, ABPP, FAGPA, Associate Professor of Medical Psychology, Columbia University, College of Physicians and Surgeons; **Margaret Postlewaite**, PhD, CGP, FAGPA, Private Practice

C31

**Transforming Peer Relations through Dynamic Group Therapy**

This workshop will emphasize early influences such as conflictual or traumatic parental, sibling and/or peer experiences on current peer relations as demonstrated in group therapy. Dynamic approaches will include principles of object relations theory, self-psychology, and ego psychology. Participants will be encouraged to share early life experiences and their influences on their peer relationships. *Experiential – Sharing of Experience – Didactic*  
**Alexander Broden**, MD, DLFAPA, Mount Sinai Hospital; **Michelle Maidenberg**, PhD, MPH, LCSW-R, CGP, Westchester Group Works

C32

**Leading Groups with the Use of Mirrors**

Through the interplay of theory and practice, this workshop will demonstrate how the use of mirrors can facilitate the emergence of new pathways to self-awareness. Identifying the denied parts of the self through mirrors can create an exhilarating and energizing force, which can potentially lead to a more resilient sense of self. *Experiential - Sharing of Experience - Didactic*  
**Sima Ariam**, PhD, CGP, Private Practice

C33

**A Modern Analytic Supervision Group: Emotional Communication Meets Brain Research**

Experience how we integrate findings from Interpersonal Neurobiology that fine-tune our capacity to hold a wide range of feelings, emotionally attune to group members' inner worlds, and emotionally communicate in a way that creates growth and change.  
*Experiential – Didactic – Sharing of Experience*  
**Martha Gunzburg**, MSW, Faculty, Center for Group Studies

C34

**Your Body is Your Supervisor: Understanding the Attachment System from the Inside Out**

We can rely on our body sensations to help us understand our groups, just as we rely on our group supervisors. In this workshop we will use body awareness and expressive movement to music (The Nia Technique) to learn about the attachment system, which develops pre-verbally, before we used language to process our experiences. We will review attachment theory and then bring it to life.  
*Experiential – Sharing of Experience – Didactic*  
**Suzanne Cohen**, EdD, CGP, FAGPA, Private Practice, Wellesley, MA



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**Consultants:** Phyllis Cohen, PhD, PsyD, CGP, FAGPA, Private Practice; John Schlapobersky, BA, MSc, Training Analyst, Institute of Group Analysis, London, UK

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2:30 – 5:00 PM

C23/D35

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**Mary Dluhy**, MSW, CGP, FAGPA, Private Practice, Washington, DC

C24/D36

Institute

### In the Beginning: Struggling to Be Oneself While Embracing the Theory

The task for the beginning group therapist can seem daunting from the start. Reading Yalom, trying to grasp the theory as we enter into our first group while attempting to "be oneself" can be overwhelming. In this workshop we will look at ways to ease oneself into a successful group experience. *Sharing of Experience – Didactic - Experiential / Open to participants with less than 5 years' experience*

**Gregory MacColl**, LCSW, CGP, FAGPA, Guest Lecturer (Group & Trauma), Columbia University and NYU, Masters Level, School of Social Work

D37

### Affairs: Healing in Couple Group Therapy

Affairs are a common, painful and conflicted aspect of many relationships. The use of a couples therapy demonstration group will illustrate techniques to help resolve these conflicts. Attachment, interpersonal and psychodynamic theory and techniques will be discussed and exemplified.

*Experiential – Didactic – Sharing of Experience*

**Barbara Feld**, MSW, CGP, FAGPA, Mount Sinai School of Medicine; **Philip Luloff**, MD, CGP, FAPA, Mount Sinai School of Medicine

D38

### The Mourning After: Interplay of Theory and Practice Following the Death of a Group Member

The death of a group member is traumatic and painful for both therapist and group. Theoretical considerations and boundary issues can conflict with therapists' more human response and require special considerations. This workshop will address these issues. *Sharing of Experience – Experiential – Didactic*

**Alice Byrne**, LCSW, MSW, CGP, FAGPA, Group Therapy Training Program, Postgraduate Center for Mental Health

D39

### Art, Movement and Meditation in Group: Exploring Alternative Paths of Communication

Participants will explore the role that art, movement and meditation play in the reparative process by enhancing stress management and well-being. Participants will acquire new ways of achieving coherence through a dyadic form of resonance in which energy and information are free to flow across two brains. *Experiential – Sharing of Experience – Didactic*

**Lena Friedman**, MPS, ATR-BC, LCAT, CGP, Clinical Art Therapy Supervisor, Bellevue Hospital Chemical Dependency Clinic; **Neil Friedman**, MEd, New York City Department of Education

D40



D41

**Panel**

**The Group Leader as Co-Participant in Difficult Re-enactments and Impasses**

In traditional group therapy, the leader is a neutral observer. Relational psychology, however, regards the therapist as an engaged co-participant. Three colleagues will present their views and comment on a role play on how the therapist uses his/her mutual engagement with the group when difficult re-enactments and impasses occur. *Sharing of Experience – Didactic – Experiential*  
**Co Chairs:** Cecil Rice, PhD, CGP, DFLAGPA, Harvard Medical School, Department of Psychiatry, Boston, MA; Victor Schermer, MA, LPC, FAGPA, Private Practice, Philadelphia, PA

**Panelists:** Elizabeth Hegeman, PhD, John Jay College of Criminal Justice, CUNY; Marty Livingston, PhD, CGP, FAGPA, Private Practice; Isaac Zeke Youcha, LCSW, BCD, Senior Supervisor, Postgraduate Center for Mental Health

D42

**The Sirens of Shame**

Shame and guilt are differentiated in this workshop and implications for group settings are explored. Guilt is focused on behavior while shame is focused on the self. We will discuss the many paradoxes and disguises of shame and its surprising capacity to seduce people. Shame may seem like a virtue, leading to redemption though it really destroys the capacity to think clearly or take action. *Didactic – Sharing of Experience – Experiential*

**Hillary Glick, PhD, CGP, Private Practice**

D43

**Working with the Dark Side in Group Psychotherapy**

We have all had the experience of working with an “impossible” group. This workshop focuses on leading a difficult group. Volunteers will role-play their most trying group members in a demonstration group. The group process will be facilitated by a combination of modern analytic technique and psychoanalytic theory with follow-up discussion. *Experiential – Sharing of Experience – Didactic*

**Robert Pepper, PhD, LCSW, CGP, Director of Training, Long Island Institute for Mental Health**

D44

**Object Relations Theory, Attachment Theory and Belonging**

Object Relations and Attachment Theories stress the importance of the relationship. With the focus on the relationships in the group consulting room, a reparative phenomenon emerges: the experience of belonging. Using didactic presentation and sharing of work experiences, this workshop offers guidelines to maximize the opportunity for patients to feel a sense of belonging. *Didactic – Sharing of Experience*

**J. Scott Rutan, PhD, CGP, DFLAGPA, Senior Faculty, Boston Institute of Psychotherapy, Boston, MA**

D45

**Not Again! The Compulsion to Repeat Bad Relationships**

Drawing on psychoanalysis, attachment theory and neuroscience, the leader will shed light on the perplexing question of why some people compulsively repeat abusive, painful relationships. A role-played demonstration group will illustrate how group enactments and corrective attachment experiences are a means of effective treatment. *Didactic – Experiential – Sharing of Experience*

**Mary Nicholas, LCSW, PhD, CGP, FAGPA, Private Practice, New Haven, CT**

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