

EGPS MEMBERS' FAVORITES

(for Manhattan)

Fabulous Brunch & Lunch Splurges

Jean George Nougatine - 1 Central Park West (bet 60th & 61 Streets). Winter promotion Brunch/lunch \$38. Must have reservation. 27-23-25 Tel- 212-299-3900

Sapphire's - 1845 Broadway (60th Street) 212-245-4444 Great Indian food; lunch buffet is a great deal and recommend. Mid-priced. 21-19-18-44

Telepan - 72 West 69th Street (betw Central Park West & Columbus Avenues) 212-580-4300. Must have reservations for this Upper West Side highest Zagat rated place for brunch. 11:00 AM – 3:00 PM, Sat & Sun. Very nice dining experience. \$32 pp. 26-21-25

West Side (below 42nd St)

Blue Water Grill - 31 Union Square West (16th St) 212-675-9500. Seafood. Gorgeous, noisy setting, food worth it, great raw bar. Jazz room downstairs. Expensive. 23-22-21 \$56 Brunch on Sunday.

Theatre District

Bello - 863 Ninth Ave at 56 Street. 212-246-6773. 21-17-22 \$48

Chop't. - 51st Street between 6th & 7th Avenues. For the budget (and health) conscious, you can't beat it. Great chopped salads with delicious dressings. Tel- 646-374-0360

Da Tommaso - 903 Eighth Avenue (bet 53rd & 54th Streets). 212-265-1890. This is an informal dining experience with great Italian food a short walk from the Hotel. 21-16-20 \$49

Greek Kitchen - 889 10th Avenue (at 58th Street). 212-561-4300. Greek. Neighborhood feel; solid, basic & traditional Greek dishes. No surprises & no disappointments. 19-13-19 \$31

Lattanzi - 46th Street (btwn 8th & 9th Avenues). 212-315-0980. Italian, Restaurant Row. 22-18-21 \$56

Le Marais - 150 West 46th Street (btwn 6th & 7th Avenues). 212 869-0900. Kosher French restaurant with delicious meat at fairly reasonable prices. 22-16-17 \$55

Marea - 240 Central Park South. 212-582-5100. Wonderful Italian Seafood. NY # 1 Italian. 27-26-25 \$96

Milos, Estiatorio - 125 west 55th Street. 212-245-7400. To control sky high pricing consider making a meal of the fabulous appetizers. 27-24-23 \$81

Pam Real Thai Tel- 212-333-7500 - 402 West 47th Street, (btwn 9th & 10th Avenues). AND - 404 West 49th Street (btwn 9th & 10th Avenues). Hell's Kitchen has sprouted a ton of Thai restaurants. This one stands apart. Even if you thought you "knew" Thai food, give this one a try. Quite reasonably priced. 23-9-17 \$24

Puttanesca - 859 9th Avenue (56th Street). 212-581-4177. Neighborhood Italian. Above-average Northern & Southern Italian food, close to Theater and Lincoln Center; prices very reasonable for what you get; all-you-can-eat Sunday brunch. Moderate. 19-16-18 \$40

Tout va Bien - 311 W 51 Street, 212-265-0190, 51st Street, West of 8th Avenue. Great French bistro.

Victor's Café - 236 West 52nd Street (btwn Broadway & 8th Avenue). 212-586-7714. Cuban. Good food, good sangria, good pre-theater service. Mid-priced. 22-20-21 \$51

Virgil's Real Barbecue - 152 West 44th Street (btwn Broadway & 6th Avenue). 212-921-9494. Best BBQ in NY", good portions, reasonable prices, long lines. Moderate. 20-14-17 \$3

Midtown

La Bonne Soupe - 48 West 55th Street (btwn 5th & 6th Avenues) French bistro, casual. Tel- 212-586-7650 18-14-16- \$30

Redeye Grill - 890 7th Avenue (at 56th Street). 212-541-9000. New American. "Home of the dancing shrimp", busy with lively, young crowd, excellent fresh food, often live jazz in the evenings & Sunday brunch, across from Carnegie Hall. Expensive. 20-20-20 \$56

Upper West Side

Blossom - 466 Columbus Ave (btwn 82nd & 83rd Streets). 212 875-2600. Great Vegan 22-17-20 \$36.

Dovetail - 103 West 77th Street (at Columbus Avenue). 212 362-3800. It's very nice, somewhat upscale. The atmosphere is quiet and intimate and the food is divine. 26-22-25 \$72

5 Napkin Burger - 2315 Broadway (at 84th Street). 212-333-4488. Best Burgers in town. Less hectic than its sister at 630 9th Avenue btwn 44th & 45th Streets. 21-17-18 \$30

Rosa Mexicana - 61 Columbus Avenue (at 62nd Street, across from Lincoln Center). 212 977-7700. Fabulous guacamole and Margaritas. Modern Mexican with a very festive atmosphere. Moderately priced. Must have reservation. Very popular. 22-21-20 \$50

Sapphire's - 1845 Broadway (at 60th Street). 212-245-4444. Great Indian food; lunch buffet inexpensive. Mid-priced. 21-19-18-44

Trattoria Dell'Arte - 900 7th Avenue (btwn 56th & 57th Streets - Carnegie Hall). 212 245-9800. Italian. A New York institution, busy and friendly, can be noisy, near Expensive. Another favorite of EGPS members. 21-20-21 \$59

Upper East Side (above 42nd St):

Café Boulud - 20 East 76th Street (btwn 5th & Madison Avenues in the Surrey Hotel). Tel-212-772-2600 Exceptional but pricey. Less expensive than his reknown Daniel restaurant. 27-24-26 \$84

Candle 79 - 154 East 79th Street (btwn Lexington & 3rd Avenues). 212-537-7179. Vegan. Larger, upscale version of Candle Café. 24-21-23 \$47

Osteria Del Circo - 120 West 55th Street (btwn 6th & 7th Avenues) 212-265-3636. Italian. Whimsical circus-themed restaurant. Excellent pastas, pizzas and prix-fixed menu. 22-23-21 \$64

Delis and Lunch

Zabar's - 2245 Broadway (at 80th Street). 212 787-2000. Zabar's has to be experienced, in person, to truly be understood. You have to see the crowds, hear the banter of our sales help, smell the croissants baking, admire the rich brown hues of our coffee, sample cheese from every corner of the world, enjoy the beauty of hand sliced nova, walk upstairs and see the largest selection of imported copper cookware anywhere... it really is a one of a kind adventure.

Eataly NY - 200 5th Avenue (at 23rd Street). 212 229-2560. Eataly is more than a supermarket with restaurants. It is an energetic marketplace, an opportunity to taste and take home the products of artisans who till, knead and press to bring you the highest quality products at fair prices. Numerous restaurants throughout this huge location.

Eastern Group Psychotherapy Society

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