

Eastern Group Psychotherapy Society

An Affiliate of the American Group Psychotherapy Association

Information and Referral Service

Are You Looking for a Group?

Our Referral Service is the largest in the tri-state area for

Group Therapy

Specialty Groups:

Addictive Disorders
Anxiety
Anger Management
Bereavement
Business Consulting
Creative Arts Therapy
Child and Adolescent
Couples
Depression
Diversity
Eating Disorder
Gay/Lesbian/Bisexual
Medical/Health
Men's Groups
Psychodynamic
Relationships
Seniors/Aging
Sexual Abuse
Young Adult
Women's Issues

Group therapy is a *cost effective* interpersonal therapy experience with a focus on enhancing awareness through working with others. This therapeutic experience satisfies our need to connect while working on the fulfillment of life's goals. Combined individual and group therapy has been proven to be a highly effective treatment approach in actualizing the most lasting changes. Moreover, specialty groups offer peer and professional support for focused issues or transitions.

EGPS Referral Service members are professionally licensed or certified, fully insured, and trained in the latest individual and group therapy techniques.

Your inquiry will be answered within forty eight hours by a senior group therapist that can assist you personally with your request for a group. Our clinical staff will work with you to achieve the most appropriate therapy match for your client within the tri-state area.

We work cooperatively with referring individual therapists. Many of our members participate in selected insurance plans or work with out of network benefits.

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For further information or for referrals please contact:

Referral Service Co-Chair
Stephanie Kravec, LCSW
914-738-5989, 212-315-3449
skravec@aol.com

EGPS Administrator
Jan Vadell
631-385-0763
egps@optonline.net