

## Eastern Group Psychotherapy Society

An Affiliate of the American Group Psychotherapy Association

Information and Referral Service

# Are You Looking for a Group?

Our Referral Service is the largest in the Tri-State area for

## Group Therapy

### Specialty Groups:

Addictive Disorders  
Anxiety  
Anger Management  
Bereavement  
Business Consulting  
Creative Arts Therapy  
Child and Adolescent  
Couples  
Depression  
Diversity  
Eating Disorder  
Gay/Lesbian/Bisexual  
Medical/Health  
Men's Groups  
Psychodynamic  
Relationships  
Seniors/Aging  
Sexual Abuse  
Young Adult  
Women's Issues

Group therapy is a highly effective and *cost-efficient* method of behavior change. Developing more functional interpersonal relationships is the goal. This therapeutic experience addresses how to connect with others while improving the quality, meaning and direction of our lives. Combined individual and group therapy is the most effective treatment approach in actualizing lasting changes. Moreover, specialty groups offer peer and professional support for specific issues.

- \* MEMBERS are professionally licensed/certified and insured
- \* RESPONSE within 48 hrs. by a professional group therapist
- \* LOCATIONS throughout NY, NJ, Nassau, Westchester, Connecticut
- \* WE work cooperatively with referring individual therapists
- \* MANY members participate with insurance plans, either in or out of network

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### Information and Referral Service

For further information or for referrals please contact:

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