

EASTERN GROUP PSYCHOTHERAPY SOCIETY

**A N N U A L
C O N F E R E N C E**

N O V E M B E R 1 8 & 1 9



**Meet the
World in Group:**
The Power of
Acceptance and
Belonging

The Riverside Church
91 Claremont Avenue, New York City
(one block east of Riverside Drive at 120th Street)

MEET THE WORLD IN GROUP: THE POWER OF ACCEPTANCE AND BELONGING

GENERAL INFORMATION

The **Eastern Group Psychotherapy Society (EGPS)**, a regional multi-disciplinary affiliate of the American Group Psychotherapy Association, was founded in 1955 to promote group approaches to the delivery of human services through teaching, training, research and collegial support. The Society welcomes members and event attendees from diverse backgrounds including psychiatrists, psychologists, social workers, nurses, alcohol & substance abuse counselors, creative arts therapists, mental health and pastoral counselors. EGPS offers a wide variety of benefits to their members. Please check our website at www.egps.org.

Not a member? Submit a membership application with your Annual Conference registration and join us at member rates! For more information contact the EGPS office at info@egps.org.

Contact EGPS at:
Phone: 631 385-0763 • Fax 631 223-1726
info@egps.org • www.egps.org

Conference Learning Objectives:

Participants will acquire the skills to:

- identify and describe basic group concepts and processes;
- compare and contrast different methods of group intervention;
- integrate and apply newly learned group skills in their professional practice.

2016 CONFERENCE COMMITTEE

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 Tzachi Slonim, PhD, CGP

EGPS Conference Scholarship Fund: EGPS makes available a number of partial scholarships to individuals who demonstrate financial need, coupled with a sincere desire to advance their knowledge of group psychotherapy. The EGPS Conference Scholarship Fund is completely funded by donations. Please see the registration form for your opportunity to participate or contact the EGPS office at info@egps.org or 631 385-0763. Your donations are greatly appreciated.

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INDEX OF PARTICIPANTS

Aiken-Afam, Darryl, B14;
 Arlo, Claudia, Plenary/C28;
 Attwell, Khleber, B15;
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 Sussillo, Mary, C32;
 Taylor, Flora, Large Group;
 Taylor, Peter, D43;
 White, Judith, A6;
 Wright, Phyllis, C22/D34;
 Zeisel, Elliot, D44

Continuing Education Credits:

Amedco SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0115; 12.5 hours. All sessions are pending approval for NYS CASAC credits under NYS OASAS Provider Number 0834.

MEET THE WORLD IN GROUP: THE POWER OF ACCEPTANCE AND BELONGING

FRIDAY, NOVEMBER 18TH

PROGRAM OVERVIEW

8:00 – 8:45 AM	 Registration and Coffee	<u>Cloister Lobby</u>
8:45 AM	Welcome Ed Elder, LMHC, MDiv, EGPS President Michael Altshuler, LCSW, CGP, Conference Committee Co-Chair	
9:00 – 11:30 AM	Plenary Session Attraction and Repulsion: Negotiating Differences in Groups Presenter: Mary B. McRae, Ed.D. Plenary Co-Chairs: Claudia Arlo, LCSW-R, CGP, CASAC Patti L. Cox, PhD, CGP	
11:45 AM – 1:00 PM	Large Group Experience Consultants: Flora N. Taylor, PhD, Patrick Jean-Pierre, PsyD, Charlene McGrew, MSW, PhD	
1:00 – 2:00 PM	Lunch (on your own)	
2:00 – 4:30 PM	"A" Sessions	
4:30 – 5:00 PM	 Coffee Break	
5:00 – 7:30 PM	"B" Sessions	

SATURDAY, NOVEMBER 19TH

8:00 – 8:45 AM	 Registration and Coffee	<u>Cloister Lobby</u>
9:00 – 11:30 AM	"C" Sessions	
11:45 AM – 1:00 PM	Large Group Experience Consultants: Flora N. Taylor, PhD, Patrick Jean-Pierre, PsyD, Charlene McGrew, MSW, PhD	
1:00 – 2:00 PM	Lunch (on your own)	
2:00 – 4:30 PM	"D" Sessions	
4:30 – 6:00 PM	Closing Reception All Conference attendees and faculty are invited to attend. Closing Conference Remarks: Eva Fyer, LMSW, Conference Committee Co-Chair	

FRIDAY, NOVEMBER 18 PLENARY PRESENTATION 9:00 – 11:30 AM

ATTRACTION AND REPULSION: NEGOTIATING DIFFERENCES IN GROUPS

When we interact with those who differ from us, in sometimes subtle and other times blatant ways, tension occurs. Often this tension is related to differences in power and privilege ascribed to the groups we represent. Our values, beliefs and our hidden assumptions about "the other" seem to clash at the boundaries where we meet. Power, privilege, roles, and boundaries play a role in interpersonal, intra-group and intergroup interactions.

Through a combination of didactic, group and intergroup experiences, participants will engage in a process of exploring and negotiating differences in an intergroup exercise. What are the overt and covert aspects of certain groups that attract and repel us? How do we acknowledge, talk about and negotiate differences?

Presenter: Mary B. McRae, Ed.D., Associate Professor of Applied Psychology, NYU Steinhardt; Private Practice, Consultant and Group Facilitator; Fellow, A. K. Rice Institute for the Study of Social Systems.

Plenary Co-Chairs: Claudia Arlo, LCSW-R, CGP, CASAC, Mt. Sinai Roosevelt Hospital, Addiction Institute; Private Practice; **Patti L. Cox**, PhD, CGP, Private Practice

MEET THE WORLD IN GROUP: THE POWER OF ACCEPTANCE AND BELONGING



LARGE GROUP EXPERIENCE

FRIDAY NOVEMBER 18 & SATURDAY NOVEMBER 19
11:45 AM – 1:00 PM

The Large Group is an experiential, “here-and-now” event. The primary task is to study conscious and unconscious group processes in a setting where individual experience is impacted by the number of participants. Consultants will share observations about the group’s process as it unfolds, using a “group-as-a-whole” perspective. This perspective allows for the exploration of group level dynamics that may exist outside of awareness. This is a unique opportunity to study the dynamics of a Large Group system where group size limits the opportunity for face-to-face interactions. Consultants’ attention is focused on authorization to work, engagement with the task, boundaries, and roles taken up by participants. Dynamics related to the group and its relationship to the overall conference system, social identity, sub-groupings, competition and collaboration, management of boundaries, including time, will be among the subjects for our study and reflection.

Consultants: **Flora N. Taylor**, PhD, Adjunct Professor, Teachers College, Columbia University; Instructor, University of Pennsylvania; Organization Development Consultant; Fellow A.K. Rice Institute; **Patrick Jean-Pierre**, PsyD, Director, Technical Assistance Center on Disproportionality, Metro Center NYU; Adjunct Professor, Manhattan College; Instructor, University of Pennsylvania; Consultant in training, A.K. Rice Institute; Educational Systems Transformation Consultant; **Charlene McGrew**, MSW, PhD, University of Pennsylvania, School of Social Policy and Practice

FRIDAY, NOVEMBER 18

2:00–4:30 PM & 5:00–7:30 PM

ALL-DAY WORKSHOP A1/B12

Risk-Taking: Toward Effective Group Leadership

“Life isn’t about finding yourself. Life is about creating yourself.” George Bernhard Shaw

Robin Good, PhD, CGP, FAGPA, Co-Director, EGPS Training Program; Private Practice Process/Experiential-Discussion

Open to those with over five years experience leading groups.

Participants must register for both sessions of this all-day workshop.

ALL-DAY WORKSHOP A2/B13

An In Depth Exploration of Motherhood Through the Life Cycle

Judith Ruskay Rabinor, PhD, Center for the Study of Anorexia and Bulimia; Private Practice & **Judith Schaer**, LCSW, CGP, FAGPA, Long Island Center for Group Training; Private Practice

Experiential – Sharing of Experience – Didactic

Participants must register for both sessions of this all-day workshop.

FRIDAY, NOVEMBER 18

2:00–4:30 PM

WORKSHOP A3

Systems-Centered Couples’ Groups

Nina Klebanoff, LCSW, CGP, Licensed Systems-Centered Practitioner, Private Practice
Didactic – Experiential – Group Practicum

WORKSHOP A4

Whiteness: The Seesaw of Inclusion and Exclusion: How European Immigrant Ancestors Adapted to a Racist Society

Christine Schmidt, LCSW, Psychoanalytic Psychotherapy Study Center, Private Practice & **Julie Sullivan-Redmond**, LCSW, CGP; Private Practice
Blended Didactic and Experiential

WORKSHOP A5

Creating a Professional Will: From Fear and Denial to Acceptance and Action

Deborah A. Carmichael, PhD, CGP, Private Practice, Cambridge, Massachusetts
Didactic – Sharing of Experience – Practical Guidance – Experiential

WORKSHOP A6

Can We Talk? Sexuality in Group Psychotherapy

Edward Elder, M. Div, LMHC, LMFT, Private Practice & **Judith C. White**, LCSW, CGP, Certified Sex Therapist; Private Practice
Sharing of Experience – Experiential

WORKSHOP A7

Whose Story Am I In? Narrative and Models of Identity

Dominick Grundy, PhD, CGP, Private Practice

Experiential – Sharing of Experience – Didactic

WORKSHOP A8

Becoming Comfortable with Uncomfortable Group Feelings

Ronnie Levine, PhD, ABPP, CGP, FAGPA, EGPS Training Program; Center for Group Studies

Experiential – Didactic – Sharing of Experience

WORKSHOP A9

Whose Face Is It Anyway? Using Group and Creative Arts to Explore the Different Faces We Wear and Why We Wear Them

Lena Friedman, MPS, ATR-BC, LCAT, CGP, Bellevue Hospital Center; Private Practice, **Neil Friedman**, MsEd, United Federation of Teachers; assisted by **Amy Kossoy**, BA, Mount Sinai World Trade Center Health Program; Mount Sinai Sexual Assault Violence Intervention Program (S.A.V.I.)

Experiential – Didactic

WORKSHOP A10

The Group Thinks I’m Crazy! And Other Variations on a Theme

Tzachi Slonim, PhD, CGP, Private Practice

Experiential – Didactic

WORKSHOP A11

Hormones & Histrionics: Using Group to Heal the Inner World of the Adolescent

Sean Grover, LCSW, Private Practice

Experiential blended with Didactic

FRIDAY NOVEMBER 18

5:00–7:30 PM

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MEET THE WORLD IN GROUP: THE POWER OF ACCEPTANCE AND BELONGING

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Judith Ruskay Rabinor, PhD, Center for the Study of Anorexia and Bulimia; Private Practice & **Judith Schaer**, LCSW, CGP, FAGPA, Long Island Center for Group Training; Private Practice

Experiential – Sharing of Experience – Didactic

Participants must register for both sessions of this all-day workshop.

WORKSHOP B14

Using Group Mindfulness Meditation and Human Contact to Reduce Racism

Darryl Aiken-Afam, MA, Meridian Touch, LLC; Private Practice

Blended didactic, group meditative and physical contact experiential, small group conversation

WORKSHOP B15

Decoding Body Language in Group Psychotherapy: Accessing Cohesion Beyond Surface Differences

Khleber C. Attwell, MD, MPH, NYU School of Medicine; Private Practice & **Liz Stewart**, MBA, APSI (Advanced Practitioner, Structural Integration), The Guild for Structural Integration; Private Practice, Boulder, Colorado

Experiential – Didactic – Sharing of Experience

WORKSHOP B16

Recognizing and Working Through Dysfunctional Roles and Role Locks

Arthur C. Byk, LCSW, CGP, EGPS Training Program; Private Practice

Experiential – Didactic – Sharing of Experience

Open to participants with less than five years experience.

WORKSHOP B17

Connecting Through Group: Bridges Toward Communication

Gail Brown, MA, LP, CGP, Center for Group Studies; Private Practice

Experiential – Didactic – Sharing of Experience

WORKSHOP B18

Applications of Interpersonal Neurobiology and Attachment Theory to Create Group Connection and Engagement

Darryl Feldman, PhD, ABPP, CGP, Private Practice & **Gloria Batkin Kahn**, EdD, ABPP, CGP, FAGPA, Private Practice

Experiential – Sharing of Experience – Didactic

Open to participants with over five years experience.

WORKSHOP B19

The Understanding of Differences Within One's Group: The Awkwardness to Discuss, the Challenge to Engage, and the Opportunity for Growth

Greg MacColl, LCSW, FAGPA, Center for Group Studies; Private Practice

Experiential – Sharing of Experience – Didactic

WORKSHOP B20

Groups and All That Jazz: The Improvised "Music" of the Group and the Dynamics of the Jazz Ensemble

Robert H. Klein, PhD, ABPP, CGP, DLFAGPA, Yale School of Medicine; Private Practice & **Victor L. Schermer**, MA, LPC, LFAGPA, Private Practice, Philadelphia, Pennsylvania

Didactic – Sharing of Experience – Experiential

WORKSHOP B21

Connection and Conflict: Loving Fearlessly in a Conflicted World

Wayne Ayers, PhD, VA NYHHS, Brooklyn Campus; Private Practice & **Yair Kramer**, PsyD, Private Practice

Experiential – Sharing of Experience

SATURDAY NOVEMBER 19

9:00 – 11:30 AM & 2:00 – 4:30 PM

ALL-DAY WORKSHOP C22/D34

Introduction to the Basics of Group Psychotherapy

Marie Rothschild, LCSW, CGP, Private Practice; EGPS Training Program; **Ellen I. Rubin**, PsyD, Co-Director, EGPS Training Program; Private Practice; **Alan Shanel**, LCSW, BCD, CGP, EGPS Training Program; Private Practice & **Phyllis Wright**, LCSW, BCD, CGP, EGPS Training Program; Private Practice

Didactic – Sharing of Experience – Experiential

Open to those with less than three years experience.

Participants must register for both sessions of this all-day workshop.

ALL-DAY WORKSHOP C23/D35

"Curiouser and Curiouser": Facilitating a Spirit of Exploration and Respect in the Wonderland of Group

Sherry D. Breslau, PhD, CGP, Private Practice; Derner Institute for Advanced Psychological Studies

Experiential – Didactic – Sharing of Experience

Open to those with over five years of experience.

Participants must register for both sessions of this all-day workshop.

ALL-DAY WORKSHOP C24/D36

Longing and Belonging in the Intermediate Territory of the Group

John R. Schlappobersky, MSc, Institute of Group Analysis; Private Practice, London, UK

Didactic – Experiential

Participants must register for both sessions of this all-day workshop.

SATURDAY NOVEMBER 19

9:00 – 11:30 AM

WORKSHOP C25

Time-Limited Psychodynamic Groups to Address Unresolved Mother-Daughter Issues

Shoshana Ben-Noam, PsyD, CGP, LFAGPA, EGPS Training Program; Private Practice, *Experiential – Didactic – Sharing of Experience*

WORKSHOP C26

Being Apart to Be Together: Helping Members Tolerate the Tension of Intimacy

Teresa Solomita, LCSW, NCPsA, Center for Modern Psychoanalysis; Private Practice *Experiential – Didactic – Sharing of Experience*

WORKSHOP C27

Embracing Intimacy in Significant Relationships

Rafael Martinez, LMSW, Callen-Lorde Community Health Center & **Anthony J. Patterson**, LMHC; Private Practice Callen-Lorde Community Health Center

Didactic – Sharing of Experience – Experiential

WORKSHOP C28

Towards Cohesion: Integrating Dialectical Behavior Therapy (DBT) and Relational Psychoanalysis in Group Practice

Claudia Arlo, LCSW-R, CGP, CASAC, Mt. Sinai West, Addiction Institute; Fordham University & **Andrew M. Eig**, PhD, ABPP, Derner Institute for Advanced Psychological Studies; Private Practice

Didactic – Sharing of Experience – Experiential

MEET THE WORLD IN GROUP: THE POWER OF ACCEPTANCE AND BELONGING



WORKSHOP C29

Racial and Cultural Dynamics in Groups: Using a Group Relations Perspective

Mary B. McRae, EdD, New York University; Private Practice
Experiential – Didactic

WORKSHOP C30

Affect-Based Consultation: Take Your Left Brain Offline

Eleanor F. Counselman, EdD, ABPP, CGP, LFAGPA, Private Practice, Belmont, Massachusetts
Demonstration – Discussion – Didactic

WORKSHOP C31

The Thunder in Blunder: The Power of Self-Acceptance

Chera Finnis, PsyD, CGP, FAGPA, Private Practice; Maria Droste Counseling Services
Sharing of Experience – Didactic
Open to those with over five years experience.

WORKSHOP C32

"Swipe Right"...Now What?: In a World of Tinder & Facebook Connections, Learn About Deepening Emotional Communication Through Group Process

Mary Sussillo, LCSW, CGP, FAGPA, EGPS Training Program; Center for Group Studies
Experiential – Sharing of Experience – Didactic

WORKSHOP C33

Mind/Body Therapy From the Inside Out: Connecting to Our Uniqueness, and Coalescing as a Group

Corinna Brown, MS, BC-DMT, LCAT, CRET, Pratt Institute; Center for Reichian Energetic Therapy & **Johanna Climenko**, LCSW-R, BC-DMT, LCAT, CRET, Private Practice; Center for Reichian Energetic Therapy
Experiential – Didactic – Sharing of Experience

SATURDAY NOVEMBER 19

2:00 – 4:30 PM

ALL-DAY WORKSHOP C22/D34

Introduction to the Basics of Group Psychotherapy

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Ellen I. Rubin, PsyD, Co-Director, EGPS Training Program; Private Practice;
Alan Shanel, LCSW, BCD, CGP, EGPS Training Program; Private Practice & **Phyllis Wright**, LCSW, BCD, CGP, EGPS Training Program; Private Practice
Didactic – Sharing of Experience – Experiential
Open to those with less than three years experience.
Participants must register for both sessions of this all-day workshop.

ALL-DAY WORKSHOP C23/D35

"Curiouser and Curiouser": Facilitating a Spirit of Exploration and Respect in the Wonderland of Group

Sherry D. Breslau, PhD, CGP, Private Practice; Derner Institute for Advanced Psychological Studies
Experiential – Didactic – Sharing of Experience
Open to those with over five years of experience.
Participants must register for both sessions of this all-day workshop.

ALL-DAY WORKSHOP C24/D36

Longing and Belonging in the Intermediate Territory of the Group

John R. Schlapobersky, MSc, Institute of Group Analysis; Private Practice, London, UK
Didactic – Experiential
Participants must register for both sessions of this all-day workshop

WORKSHOP D37

Power and Acceptance: Unpacking the Self-Hated of Colorism

Rudy Lucas, LCSW-R, CASAC, SAP, Private Practice
Blended Didactic and Experiential

WORKSHOP D38

The Identified Patient and Scapegoat: Using Functional Subgrouping to Integrate Rather than React to Differences in Groups

Susan E. Beren, PhD, Licensed Systems-Centered Practitioner; Private Practice & **Norma Safransky**, MD, Licensed Systems-Centered Practitioner, Private Practice
Experiential – Didactic

WORKSHOP D39

Looking for Attachment in All the Wrong Places: Helping Sexually Compulsive Men Find Healing, Recovery and New Attachment Patterns Through Group Therapy

Michael Crocker, DSW, LCSW, MA, The Sexuality, Attachment and Trauma Project
Didactic – Sharing of Experience

WORKSHOP D40

Searching for Lost Objects: Group as a Forum for Finding Oneself, Others and Community

Sara J. Emerson, LICSW, CGP, FAGPA, Private Practice, Cambridge, Massachusetts; Boston University Counseling Program
Didactic – Experiential – Sharing of Experience

WORKSHOP D41

"This Group is a Lasagna": The Group Leader's Use of Metaphor in Group Psychotherapy

Oona Metz, LICSW, CGP, FAGPA, Private Practice, Brookline & Arlington, Massachusetts
Experiential – Didactic – Demonstration – Discussion

WORKSHOP D42

Fostering Acceptance and Belonging Through EFT in Groups

Darryl L. Pure, PhD, ABPP, CGP, FAGPA, Northwestern University Feinberg School of Medicine; Private Practice, Chicago, Illinois
Didactic – Demonstration – Sharing of Experience
Open to registrants with less than five years experience

WORKSHOP D43

A Case Consultation Workshop on the Threat Response Cycle: How Fostering Effective Survival Responses Can Lead to Deeper Coherence in Groups

Roger Saint-Laurent, PsyD, SEP, CGP, Private Practice & **Peter J. Taylor**, PhD, SEP, CGP, FAGPA, Private Practice
Discussion – Case Consultation – Didactic

WORKSHOP D44

The Group's Culture and Interpersonal Connection

Elliot M. Zeisel, PhD, LCSW, CGP, DFAGPA, Center for Group Studies
Group process – Q & A



MEET THE WORLD IN GROUP: THE POWER OF ACCEPTANCE AND BELONGING

2016 ANNUAL CONFERENCE REGISTRATION FORM

EGPS ANNUAL CONFERENCE
P.O. BOX 20686, HUNTINGTON STATION, NY 11746-0861
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If you are not a member of EGPS how did you hear about the Conference? _____

Non members who submit a membership application and dues payment with registration can register at member rates. For more information on the member benefits go to: www.egps.org

A. WORKSHOP SELECTIONS – Please list your selections by number and indicate alternate choices. Assignments are made in order of receipt and no selections are guaranteed.

"A" Session	Friday	1st _____	2nd _____	3rd _____
"B" Session	Friday	1st _____	2nd _____	3rd _____
"C" Session	Saturday	1st _____	2nd _____	3rd _____
"D" Session	Saturday	1st _____	2nd _____	3rd _____

B. FEE SCHEDULE – For Friday and Saturday. Please circle payment amount.

	Before November 7th One Day / Two Days	After November 7th and On-Site One Day / Two Days
EGPS Members	\$200 / \$300	\$250 / \$350
Non-Members	\$250 / \$400	\$300 / \$450
Graduate Students & Residents*	\$125 / \$200	\$150 / \$225

*To qualify for this rate, registration must be accompanied by a current bursar's receipt or letter showing full-time enrollment in a graduate degree program. Conference scholarships are available. For information, call (631) 385-0763 or email info@egps.org.

Cancellation Policy: Cancellations received prior to November 7, 2016 will be assessed a fee of \$50; there will be no refund on cancellations received after November 7, 2016.

Group Rates: Discounted rates are available to agencies and institutions that register 3 or more registrants prior to November 7, 2016. Registrations must be received together accompanied by a letter from the agency listing those attending. For further information call 631-385-0763.

Continuing Education Credits: For Social Workers or CASACs requesting CEUs there is an additional \$30 fee.

C. PAYMENT:

Registration Fee \$ _____ ☐ Check enclosed ☐ Pre-Paid Faculty

Contribution to the
Conference Scholarship Fund: \$ _____ ☐ Credit Card (complete all information below)

CEUs: \$ _____

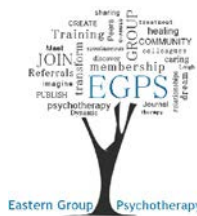
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Eastern Group Psychotherapy Society

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NOVEMBER 18 & 19, 2016
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